



DEPARTMENT OF THE NAVY

COMMANDING OFFICER
NAVAL AIR STATION
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NASLEMINST 1710.3Q

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NAS LEMOORE INSTRUCTION 1710.3Q

From: Commanding Officer, Naval Air Station, Lemoore

Subj: NAVAL AIR STATION LEMOORE SPORTS PROGRAM

Ref: (a) RECSERV RSO SFRANINST 1710.1

Encl: (1) Regulations Governing Intramural Competition

1. Purpose. To establish the policy, regulations and procedures governing the Naval Air Station Lemoore (NAS) Sports Program, the annual award of the Commanding Officer's Trophy, and to provide opportunities for exercise, competition and recreation for station and tenant personnel per reference (a).

2. Cancellation. NASLEMINST 1710.3P

3. Policy. Personnel are strongly encouraged to actively participate in the sports program at NAS Lemoore. The main thrust of this program is directed toward the intramural (I-M) level. There may be varsity sports or all star teams representing NAS Lemoore in the Southern Pacific Regional Leagues or tournaments to join with the champions of each tournament of league to compete in the Southern Pacific Regional for selected sports. Departments shall ensure wide dissemination of this instruction to ensure maximum participation.

4. Objective. The objectives of this program are to provide physical fitness, provide wholesome entertainment, develop character and leadership, emphasize teamwork, and build morale and pride.

5. Eligibility. All military personnel on active duty stationed aboard NAS Lemoore or tenant commands, are eligible to participate in the Captain's Cup sports program. DoD civilians (minimum 18 years old and out of High School) may participate

under the same guidelines as active duty personnel. In all cases, active duty personnel will have priority. Active duty personnel must constitute 50 percent of the roster requirements. All other aspects will be governed along the same guidelines as active duty. The Athletic Director reserves the right to control the ratio of civilian to military and cancel participation of civilians at any time to allow active duty participation or due to scheduling conflicts. A fee will be charged to each civilian for each sport. Fee to be determined by the Athletic Director depending on sport, number of games, etc. Fees will be paid before the first game.

6. Award. Awards for Captain's Cup competition shall be presented at the end of each Captain's Cup sport. The athletic year shall start 1 September and end 31 August of the following year.

a. The NAS Lemoore Commanding Officer's Trophy is a perpetual trophy awarded to the group (see enclosure (1)) with the highest accumulated point total. Point totals are based on 12 best sports. A unit winning the trophy for three consecutive years shall retain it permanently, and a new trophy shall then be procured.

b. Team awards may be awarded to the winner and runner-up at the conclusion of each sport.

c. Individual awards shall be presented to members of the station championship team at the conclusion of each sport per enclosure (1).

7. Organization and Administration. The Sports Coordinator shall organize and administer the sports program following enclosure (1). They shall maintain records for all sports and publish current standings.

8. Cost to Administer Captain's Cup Sports Program. When feasible, the Captain's Cup program shall be completely funded with station Appropriated Funds (APF), with the exception of awards. When APF funds are not available, fees may be instituted for participating in events, leagues, and tournaments.

9. Officials. Any individual officiating in a sport may not participate as a player during that season.

10. Action. All participating units shall appoint an athletic officer or petty officer and forward the name to the Sports Coordinator. The Recreation Division Head, who is responsible for updating this instruction, shall submit changes to the Commanding Officer via the Quality of Life (QOL) Director for approval and publishing.



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REGULATIONS GOVERNING INTRAMURAL COMPETITION

1. Sports. The following sports shall be included in the sports program each year: basketball, billiards, bowling, cross-country, flag football, golf, horseshoes, miniature golf, pistol, racquetball, rifle, softball, swimming, table tennis, tennis, triathlon, volleyball, wallyball and biathlon.

2. Groups. Groups are established as follows:

(1) NAS (may combine Administration, Commissary, Comptroller, Legal, Navy Exchange, Recreation Services, Security, and Weapons Departments)

(2) Aircraft Intermediate Maintenance Detachment

(3) Air Operations (may include Communications and Weather)

(4) Hospital (may include Dental)

(5) Public Works and CBU-406

(6) Supply

(7) FASOTRAGRUPAC/CSFWP

(8) NAMTRAGRU

(9) Other squadrons with on board count less than 100.

(10) Other squadrons with on board greater than 100.

(11) Other independent units aboard the station with more than 100.

3. Entries. A unit may enter any number of teams in a given sport, as long as all participants are on active duty or DOD civilians, stationed aboard NAS Lemoore. Entries must be forwarded in writing to the Sports Coordinator by the established due date and time. Late entries will not be accepted once a firm schedule has been established. Although teams joining a league after the season has commenced cannot be included in the league, every effort will be made to schedule games for them.

a. A team entry shall consist of the following minimum number of players:

<u>SPORTS</u>	<u>MINIMUM NUMBER OF PLAYERS</u>	<u>MAXIMUM NUMBER OF AWARDS</u>
Basketball	Five	Twelve
Billiards	Two	Two
Bowling	Five	Eight
Cross-Country	Three	Five
Flag Football	Seven	Sixteen
Golf	Four	Six
Horseshoes	Two	Two
Miniature Golf	Four	Four
Pistol	Four	Four
Racquetball	Two	Two
Rifle	Four	Four
Softball	Ten	Fifteen
Table Tennis	Two	Two
Tennis	Two	Two
Triathlon	Three	Five
Volleyball	Six	Twelve
Wallyball	Four	Five
Biathlon	Three	Five

b. A minimum of four units must show interest in entering a sport before the station will sponsor a league or tournament.

c. Personnel are eligible to play for teams representing their present command or a TAD unit. Personnel desiring to play for any other unit must obtain a written release from their parent command and file it with the Sports Coordinator prior to being assigned to another team. Personnel desiring to play with another unit will be placed on teams by the Athletic Director.

d. Augmentation from other units is limited to 50 percent of the minimum number of players required but, not more than two per command. Units may not augment for a tournament only. Augmentation rosters must be filed with the Sports Coordinator and approved by the Athletic Director before augmented personnel can participate.

e. Units may combine to enter a single team in any sport upon approval from the Athletic Director. Such composite units will split evenly any points earned.

f. Players may not change teams during the season. Exception may be granted to players receiving Permanent Change of Station orders during the playing season; such persons may request permission to play for the gaining activity.

4. Entry Points. Entry points are awarded ten points per unit, one team per unit.

5. Rules Governing Each Sport

<u>SPORT</u>	<u>RULE</u>
Basketball	National Collegiate Athletic Association (as modified)
Billiards	American Billiards Congress
Bowling (men)	American Bowling Congress
Bowling (women)	Women's International Bowling Congress
Cross-Country	National Collegiate Athletic Association (as modified)
Flag Football	National Touch/Flag Football Rules
Golf	U.S.G.A. plus local course rules
Horseshoes	Local Rules
Miniature Golf	Local Rules
Pistol	National Rifle Association
Racquetball	International Racquetball Association
Rifle	National Rifle Association
Softball	International Joint Rules Committee (as modified)
Swimming (men)	United States Swimming Association Rules
Swimming (women)	United States Swimming Association Rules
Table Tennis	Harvard Table Tennis Association
Tennis	U.S. Lawn Tennis Association
Triathlon	The Athletic Congress
Volleyball	U.S. Volleyball Association
Wallyball	World Wallyball Association
Biathlon	The Athletic Congress

6. Place Points. Only one team per unit may receive place points in each sport. When two teams are entered in the same sport, a unit may count its best finish only for point awards. Points will be awarded as follows:

<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
1st	50	4th	20

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<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
2nd	40	5th	10
3rd	30		

7. Postponements. The Sports Coordinator must receive a written request for postponement of a scheduled event at least one full working day prior to the event. Only valid reasons such as deployments, schedule changes, etc. are acceptable for postponements.

8. Forfeits. A penalty of five points for each forfeit will be assessed. Any team forfeiting two contests during the same season for not meeting minimum eligible players will be dropped from the league or tournament. Points forfeited will be deducted from the unit's total at the end of the year. Teams forfeiting a game with paid officials must reimburse QOL for the cost of the officials. Payment must be made to the Sports Coordinator before the next scheduled game, or that team will be dropped from the league. When a team is dropped from the league, all their remaining games will be recorded as losses. Teams dropped from the league will lose their entry points. If a team fails to appear for a scheduled event following the bylaws of that sport, games or matches will be forfeited. Use of an ineligible player will result in a forfeit. All games played in violation of this rule will be recorded as losses.

9. Protest. You must lodge all protests immediately to the game's official before the next play. In addition, you must deliver the protest in writing to the Sports Coordinator not later than 1600 of the first working day after the protested game. The Sports Coordinator, Athletic Director or the Recreation Division Head will rule on all protests. Protests must cite specific violations of this instruction or one of the rules under which the game is conducted. Judgement calls cannot be protested.

10. Withdrawals. A team may withdraw from competition at any time by notifying the Sports Coordinator in writing. The team shall lose its entry points. All of the teams' remaining games shall be recorded as losses and any penalties levied shall stand.

11. Disqualifications. All players, coaches, and team attendants shall observe the rules and maintain acceptable

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standards of conduct. Players guilty of unsportsmanlike conduct may be ejected from any contest. Repeated or flagrant unsportsmanlike conduct will result in disqualifying a player or team for at least the remainder of the sport season, and possibly for a one year period.

12. Tournaments. QOL may sponsor special tournaments each year which will require an entry fee. These tournaments may be open to not only active duty, but DoD civilians, dependents and others.

13. Handicapping Sports. Handicapping of any sport is not allowed.

14. Alcohol. Any person or persons observed drinking an alcoholic beverage before or during a game shall not be permitted to participate in that game or any other game during that day or evening.

15. Fighting. Any active duty player, coach, or spectator guilty of fighting may be placed on report. In the case of a civilian found fighting, QOL staff may turn the violator over to the Kings County Sheriff.